

REPORT:

Event Name: Rakshabandhan

Date: 12th August, 2022

Time: 1pm - 3pm

Experience:Rakshabandhan ceremony was observed by the NSS family on 12th August 2022 at the heritage campus. There, we celebrated the occasion by tying rakhi to every single employee of the college including our security "bhaiyas" to canteen uncles. We even tied rakhi to our principal sir. We had a great day together. They treated us sweets and chocolates & we distributed laddus. The day was memorable for all of us.

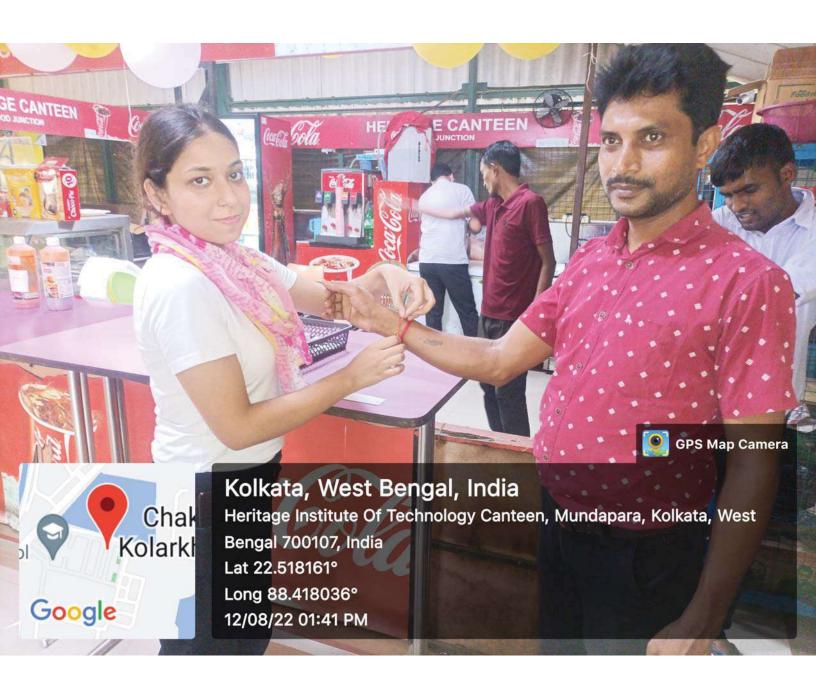
Number of Participants: 8

SI no.	Name	Department	Year	Roll no.
1	Shalini Biswas	CSE	2 nd	2151224
2	Dipshikha Mondal	CSE	3 rd	2051233
3	Ritu Singh	CSE	2 nd	2060084
4	Md. Anwar	CHE	2 nd	2155049
5	Aditya Yadav	ECE	2 nd	2152109
6	Aditya Narayan	CSE	4 th	1951036
7	Bhagyasri Mishra	CSBS	3 rd	2060084
8	Suman Mazumdar	CSBS	3 rd	2060083

Event-in-charge:

- 1. Jaya Gupta, Vice President, NSS-HIT(K)
- 2. Kumar Shubham, Treasurer, NSS-HIT(K)
- 3. Kshitij Gupta, Director of Communication & PR, NSS-HIT(K)

Writer of the report: Dipshikha Mondal, CSE Section B







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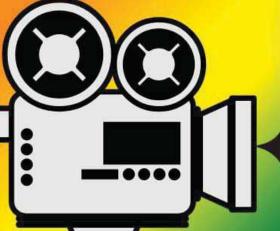




ROTARACT CLUB OF HERITAGE INSTITUTE OF TECHNOLOGY

Presents

...AND ACTION



MORE THAN JUST A MOVIE



DATE: 16.06.2022

TIME: 3:15 PM ONWARDS

VENUE: CB401

CONTACT:

TANWI: (6290580986)

AISWARYEE:(8777851734)

Event Name: And Action 2.0 Event Date: 16th June 2022

Event Venue: CB 401, HITK campus

Avenue: Club Service No. Of Rotaractors: 29

Project Details:

Rotaract Club of Heritage Institute of Technology organized 'And Action 2.0' on the theme of Pride to celebrate love and provide a safe space for everyone.

The session started with a brief introduction to the history of pride and why June is celebrated as Pride Month globally. Participants were shown pictorial presentations of information to educate on the various communities under the LGBTQIA+ Community. The introduction was followed by a movie screening of a short film titled "Still Me". The movie revolved around a school kid struggling to fit in after coming out as Non-binary. The screening led to a healthy discussion on the necessity of using pronouns and respecting others' pronouns in our daily lives. The discussion continued on the various struggles faced by the different communities and the discrimination faced by them just for being themselves. Towards the end of the discussion, participants came up with probable solutions to practice in their daily lives to make everyone feel valid and comfortable.

To wrap up the session, participants played a game called 'The Happiness Experiment' where everyone wrote words of positive affirmations for each other to practice self-love. The words were written in chits anonymously and were later distributed amongst the crowd to take one home with them. The session ended on a merry note with a promise to make a safe space for everyone around.

Pictures from the event:











Rotaract Club of Heritage Institute of Technology

Presents

CASTE DISCRIMINATION PHASE-2

Caste is NOT a matter of past

SSOS.30.21: 3TAC

TIME: 4 TO 5 PM

Venue: CB 616

CONTACT:

ARBAB 7737677051









Saujatya Visit

"Put a smile on a child's face today."



Venue: Saujatya Foundation, Haltu

Date: 11.06.2022 🤏

Time: 10am to 12pm Arbab(7737677051)

Contact:









RC-HITK PRESENTS

ATqste of wellbeing &

A games and yoga session towards a healthier lifestyle

Venue: Gate no 16,SAC ground

Date: 28th May, 2022 Time: 8am onwards Contact : Pranav: 79038 82493 Sounak: 70441 89624











RC-HITK PRESENTS

Createract

A Craft Workshop

Date:27/05/2022

Time: 03:30 pm onwards

Venue: ICT 305

Contact for registration: Pallavi (6289619386)







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Rotaract Club of Heritage Institute of Technology presents

AVOWAL

A platform to voice out your honest opinions!

Date: 26th May, 2022

Time: 3:30pm Onwards

Venue : *CB* 401

Contact:

Tanwi (62905 80986)







RC-HITK

Presents

TALK IT OUT

Declutter your mind and Deteat your inner demons

Date: 24th May 2022

Time: 3:30 onwards

Venue: CB 419

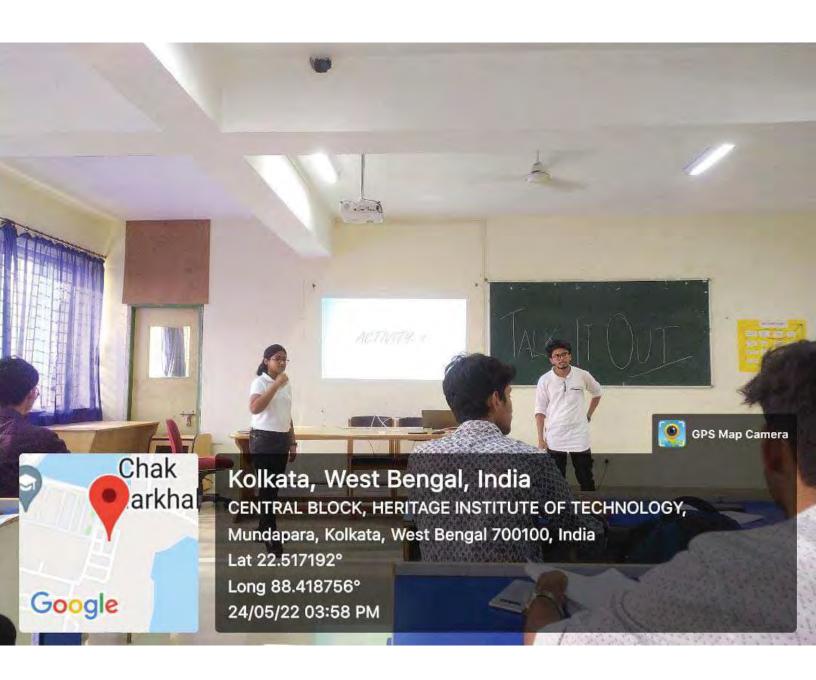
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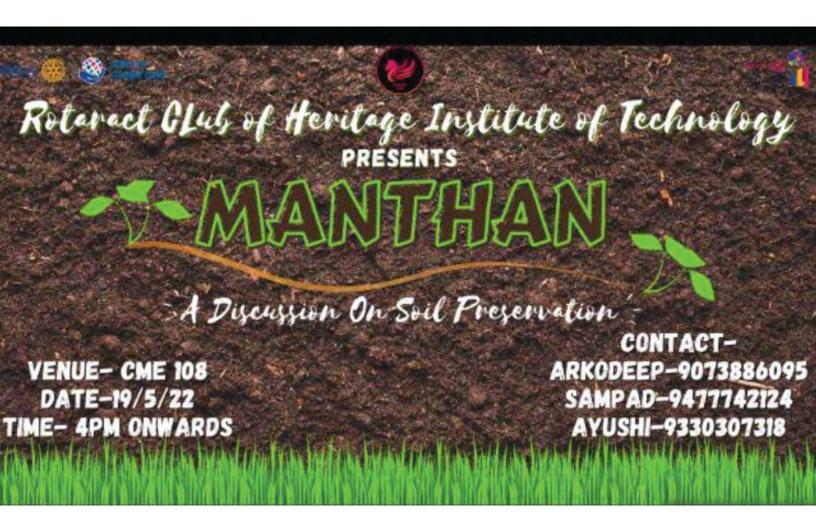
Contacts:

Rahul: 9875670414

Vanshika: 7980885405





















RC-HITK visits

BASHIRHAT

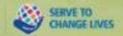
An initiative to create awareness about girl child education

DATE:- 30.4.2022

TIME:- 6am-6pm











Rotaract Club of Heritage Institute of Technology

PRESENTS

LEMONADE

AN INITIATIVE TO SERVE REFRESHING LEMONADE TO ESSENTIAL DAILY WORKERS.

Date- 24/04/2022

Venue-Ruby (Mio Amore)

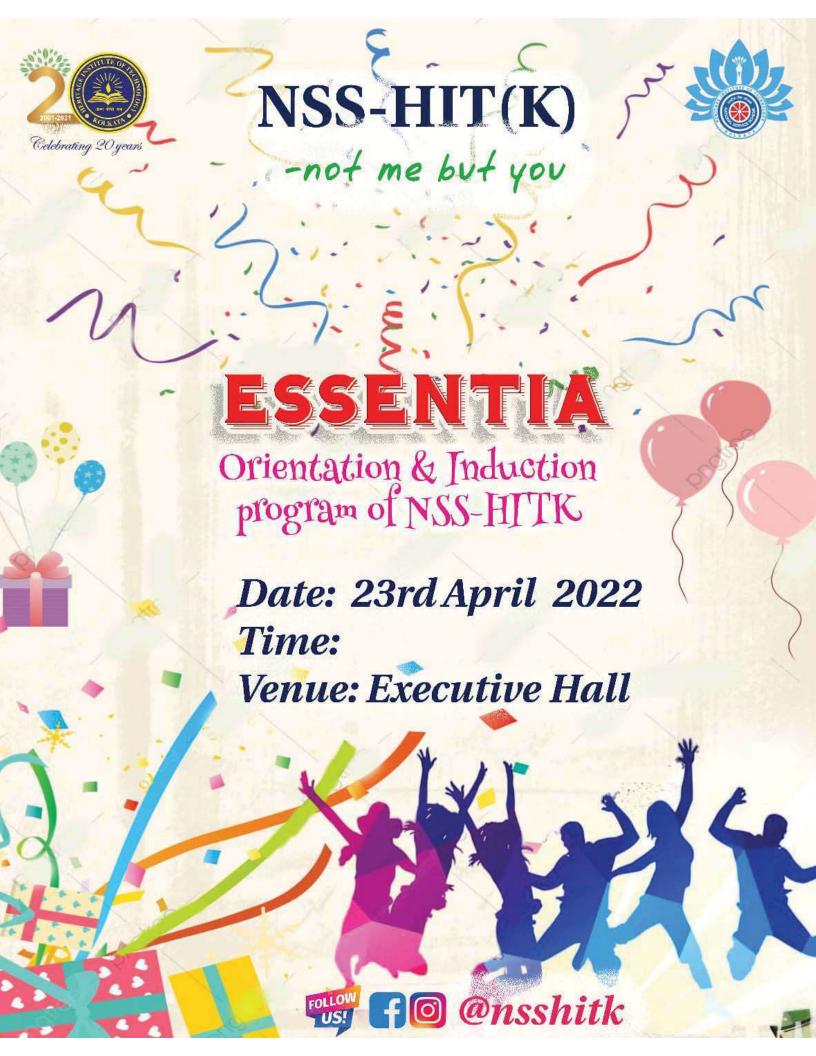
Time- 11:30am - 12:30pm

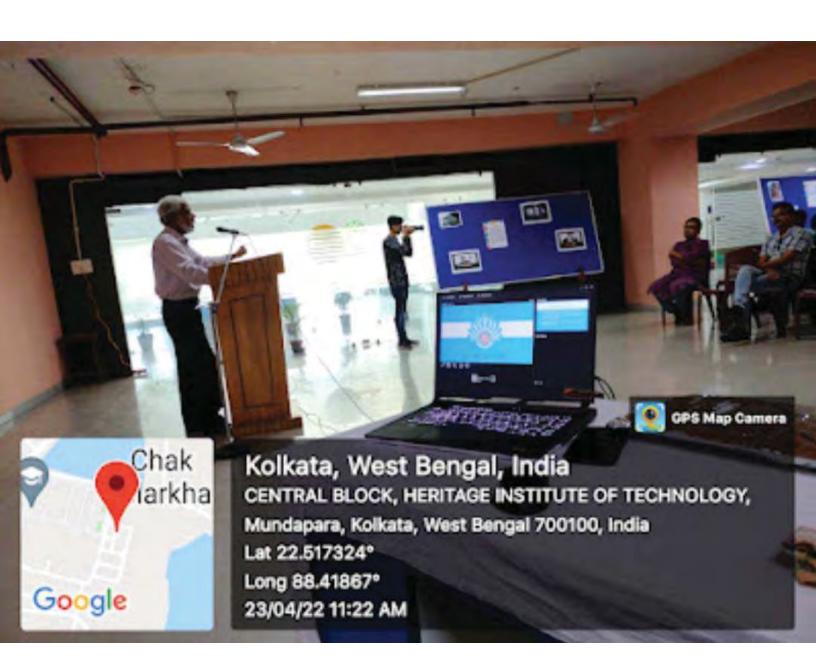
Contact :-

Gautam - 7561993148

Vinit - 9661034750

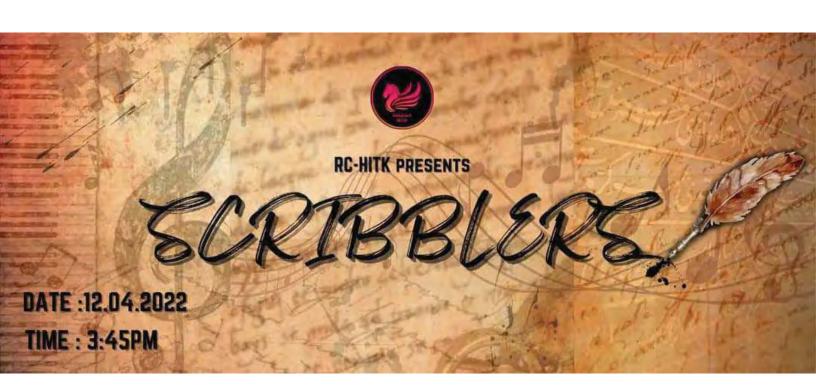


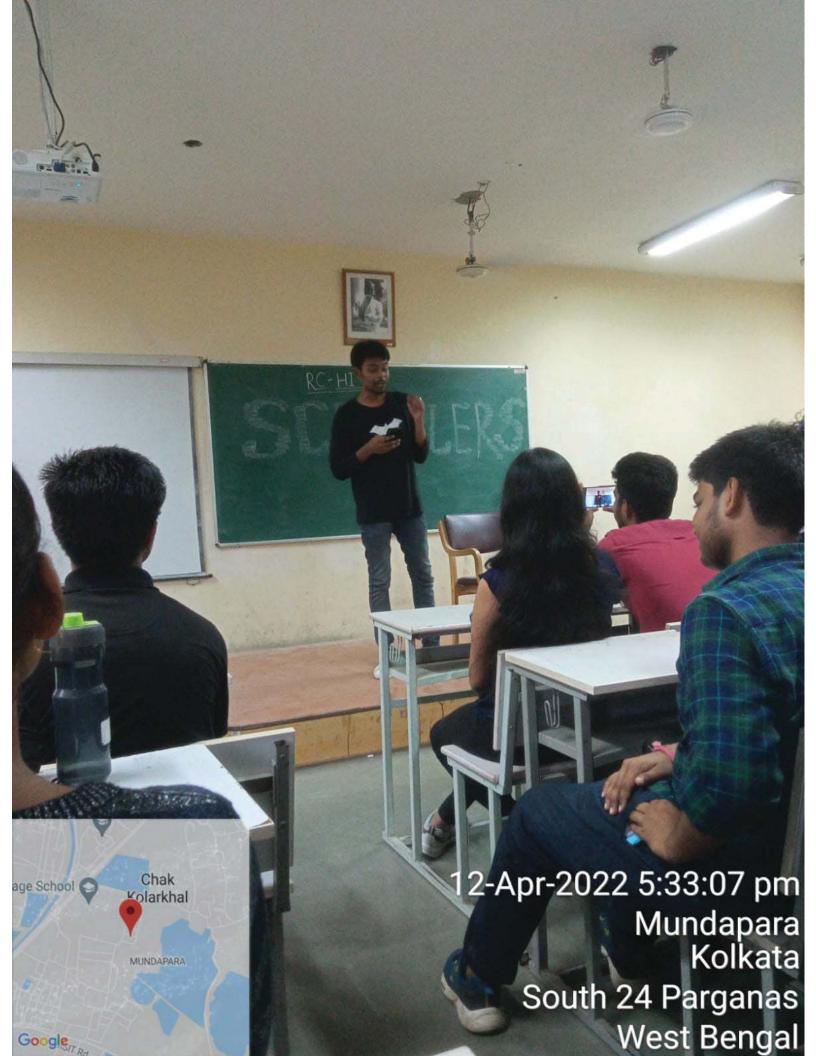




















RC-HITK VISITS

PARIPURNATA HALFWAY HOME

DATE: 7TH APRIL, 2022

TIME: 4:15PM ONWARDS

CONTACT: TANWI(6290580986)

AISWARYEE(8777851734)















ROTARACT HITK

ADAPT. IMPROVE .EXCEL.



PARENT ROTARY: ROTARY GLUB OF GALGUTTA MAMANAGAR

Club ID: 84156

Charter Date: 27/02/09



@RotaractH



@rotaractheritage



@rotaracthitk



otaract-club-of-hit

Rotaract HITK





Team sharing their thoughts on caste discrimination



Event name: Saujatya Visit

Event date: 11th June 2022

Event venue: Haltu, 112, Ashutosh Colony, Garfa, Kolkata, West Bengal 700078

Avenues: Community service

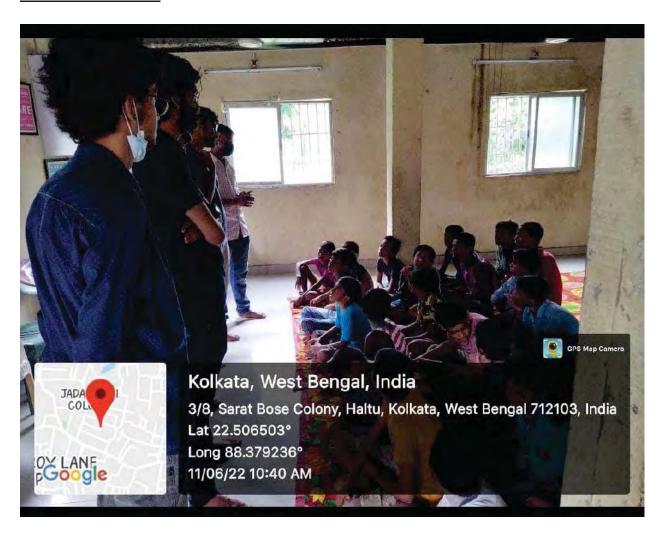
No. of Rotaractors: 7

Project details:

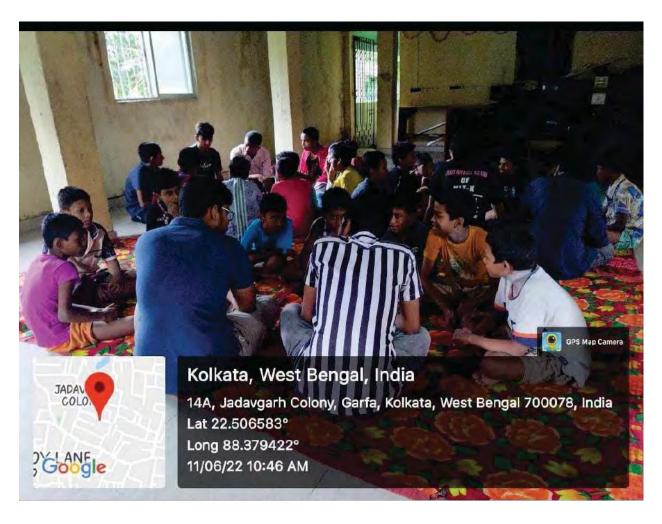
Rotaract Club of Heritage Institute of Technology conducted its first visit to Saujatya foundation of the term 2021-22. Saujatya is the combination of Unity, Peace, Progress and Friendship. The session started with the interaction with kids. All the kids were divided into three teams, with two rotaractors in each team. At first, kids were a little shy but they got comfortable with us. They started sharing about their daily routines, hobbies, favourite movies, actors and celebrities. After this introduction session, we played a game called "Glass Pyramid". Kids had to put a vacant paper glass on their head and start walking to end point without touching or holding the glass. If glass fall down to floor or they touch the glass, they have to repeat from the starting point. At the end point, they had to form a pyramid shaped structure with the help of these glasses. It was a team game and kids learnt how to be patient and be focused on their goals. After this, we had singing and dancing performance by kids, ended by melodious songs by rotaractors. At the end, we distributed mask, sanitizer, chocolates and biscuits to all the kids and said a warm good bye to them. It was a good day with kids, everyone enjoyed a lot. We are hoping that we will meet them soon.

Pictures from the event:

Interaction with kids



Kids sitting with their teams



Event Name: A Taste of Well Being

Event Date: 28th May 2022

Event Venue: 26 Bigha ground and executive hall

Avenue: Club service

No. Of Rotaractors: 25

Project details:

Rotaract Club of Heritage Institute of Technology conducted its first games and yoga session for the term 2021-22.

The primary motive of the event was to promote a healthier lifestyle amongst the youth. All the participants assembled at the college campus by 8 am and then proceeded to 26 Bigha grounds where they had a quick warm-up. The first sport held was a small track race. After that, the participants were divided into two teams and Dodgeball was played. This segment was fun-filled and made the participants super active. The next session was a yoga and meditation session. For this session participants gathered at the executive hall. After taking their positions, the participants were briefed about the benefits of yoga and meditation in daily life. Following the briefing session, participants performed five types of 'Upayoga' which were followed by a meditation session that helped the participants to explore their inner strengths. To wrap up the event, everyone engaged in a discussion on the advantages of practicing yoga and shared their experience of the whole event. Participants were so overwhelmed with this session that they wanted sessions like this to happen more often.

Photos from the event:



Participants performing yoga.

Event Name: Createract

Event Date: 27th May 2022

Event Venue: Heritage Institute of Technology campus

Avenue: Professional development

No of Rotaractors: 14

Project Details:

Rotaract Club of Heritage Institute of Technology geared up for another fun Createract session to focus on the artistic side of the members. The session focused on making pop tree cards for all the Shishya centre students.

Participants were divided into groups and were assigned different tasks. Each participant made a card for the centre students as a reward to motivate them to be more regular in classes. From cutting different coloured papers to assembling them to form different parts of a tree, the session had members working together to make handmade beautiful cards for the Shishya kids. Participants unleashed their creative side by adding their personal touch to the art pieces. The event concluded with a bunch of vibrant trees, ready for the pop cards. Everybody had a smile on their face, and they were satisfied with the work, they couldn't wait for the kids to have these crafts as a reward and were excited to surprise the children at our centres.

Photos from the event:



Crafts done by Rotaractors.

Group photographs of all the participants involved.



Event Name: Avowal

Event Date: 26th May 2022

Event Venue: Heritage Institute of Technology CB Room 401

Avenue: Club Service

No. Of Rotaractors: 15

Project Details:

Rotaract Club of Heritage Institute of Technology conducted Avowal, a platform in which rotaractors were given an opportunity to voice out their honest opinions regarding the functioning of the club.

Participants were given sheets of paper and were asked to write down their responses, at least one positive and one negative opinion, regarding the club's functioning and its activities. All entries were strictly anonymous and were put in separate boxes. After this, the negative responses were read out and the probable solutions were discussed regarding various club activities and events, which included the activity of its various members, the functioning of Shishya Centres and the administrative functioning of the club. This was followed by positive heartwarming responses and their expectations from the club. This motivated the rotaractors to work more efficiently to take the club to a greater height. The session ended on a positive note, hoping for better coordination and smooth functioning of the club in future.

Photos from the event:

Event Name: Talk It Out

Event Date: 24th May 2022

Event Venue: Heritage Institute of Technology Campus

Avenue: Professional Development

No. Of Rotaractors: 19

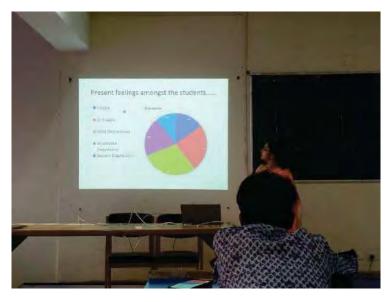
Project Details:

Rotaract Club of Heritage Institute of Technology conducted its first session of 'Talk It Out'. A session focussing on destignatizing mental health and promoting the need for self-care and seeking professional help.

The event began with the Rotaractors signing on a 'Self-Care Bingo'. Followed by this, the session began with the first activity. Certain negative and positive prompts were given and participants were asked to complete those. This activity mainly focused on expressing feelings and thoughts that remain unanswered. Dr Banhishikha Bhattacharyya, campus counsellor HITK, with the help of a presentation discussed a few common issues that every college student deals with. She tried to structure the mistakes that we commonly make and how often we misinterpret our thoughts. She also showed the statistics of a survey on mental health problems that was conducted amongst the Rotaractors. The next activity which was conducted was intended for self-realization, it was a comparison of daily tasks with respect to the importance they held and the amount of happiness it brings.

Lastly, all the Rotaractors collaborated to make a 'Feel Good' playlist comprising their favourite music. In the end, each one of the faces had a big smile. Maybe not mentally at a better place but much aware of their present state of mind.

Photos from the event:



Statistics of Depression being discussed by counsellor ma'am



A photograph of all the participants after the event

Event Name: Manthan: Soil Preservation

Event Date: 19th May 2022

Event Venue: CME 108, Heritage Institute of Technology, Kolkata.

Avenue: Professional development

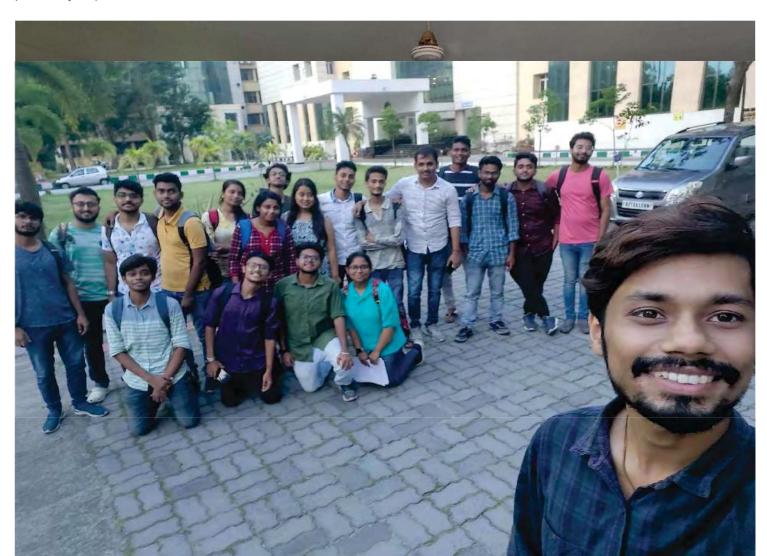
No. of Rotaractors: 21

Project Details:

With the intent of spreading awareness of Soil Preservation and coming up with practical approaches to overcome soil extinction and desertification in the short-term as well as long term, Rotaract club of HITK hosted this term's first Manthan session.

The event began with an activity of rating three of the major ecological problems as per the understanding of the urgency of each participant. A short speech was given as an introduction to Soil Preservation and for making participants understand the soil extinction crisis and come up with practical solutions for the same. This speech was followed by a presentation showcasing various problems Earth will face due to degrading soil quality, low organic content and increment in world demography which created a strong sense of enthusiasm in the minds of participants. Following this, participants were divided into 5 teams of 4 members each and were allotted ten minutes to come up with solutions to accelerate soil preservation and spread awareness about the current situation. Counter questions were asked which were answered very thoughtfully. The whole group discussion carried on for about an hour before ending with a promise to be aware and implement these ideas for preserving the soil around us.

The session concluded with participants feeling educated and confident to stand up for a cause that may positively impact the fate of our world.



REPORT

Event Name: Human-dity

Date: 14th May 2022

Time: 2PM – 3PM

Experience: Human-dity was a street play performed by NSS-HIT(K) to spread awareness about the "Importance of Nutrition" amidst the scorching summer time. The street play was performed at Nazirabad Village, Chowbaga Street. The play was followed by distribution of fruits & biscuits to the children of the locale.

Number of Participants: 30

Sl No.	Name	Department	Year	Club	Roles & Responsibility
1	Abhilash Dutta	CSBS	2nd	NSS-HIT(K)	Cast of the Street Play
2	Avinaba Kar	ME	2nd	NSS-HIT(K)	
3	Suman Mazumdar	CSBS	2nd	NSS-HIT(K)	_
4	Ayushmaan Sural	CSBS	2nd	NSS-HIT(K)	-
5	Mariam Meerza	CSBS	2nd	NSS-HIT(K)	-
6	Amisha Kumari	CE	3rd	NSS-HIT(K)	-
7	Anamika Kumari	ChE	3rd	NSS-HIT(K)	
8	Anwesha Pandit	ChE	3rd	NSS-HIT(K)	-
9	Kumar Shubham	ECE	3rd	NSS-HIT(K)	-
10	Nitish Kumar	CE	3rd	NSS-HIT(K)	-
11	Sourav Ganguly	CE	3rd	NSS-HIT(K)	-
12	Sachin Kumar	CSE	3rd	NSS-HIT(K)	-
13	Anujit Maity	ChE	3rd	Anubhav	Director & Writer of Play
14	Aditya Yadav	ECE	1st	NSS-HIT(K)	Volunteers
15	Kiran Kumar Mondal	EE	1st	NSS-HIT(K)	
16	Md Shaqib Hussain	CSE	1st	NSS-HIT(K)	
17	Shreshth Sahu	ECE	1st	NSS-HIT(K)	
18	Souhardya Pahari	ECE	1st	NSS-HIT(K)	
19	Akshit Tibrewal	AEIE	2nd	NSS-HIT(K)	
20	Anindya S Kapat	BT	2nd	NSS-HIT(K)	
21	Robins Kumar Dinkar	IT	2nd	NSS-HIT(K)	

22	Shashank Shekhar	CSE	2nd	NSS-HIT(K)	
23	Mritunjay Kumar	ECE	2nd	NSS-HIT(K)	
24	Jyoti Kumari	ECE	3rd	NSS-HIT(K)	
25	Ditsha Ganguly	ChE	3rd	NSS-HIT(K)	Organisers, Volunteer
26	Jaya Gupta	ECE	3rd	NSS-HIT(K)	Incharge,
27	Kshitij Gupta	ECE	3rd	NSS-HIT(K)	Photographer
28	Shaily Jha	CE	3rd	NSS-HIT(K)	
29	Sushmita Kumari	CSE	3rd	NSS-HIT(K)	
30	Tirtharaj Goswami	ChE	3rd	NSS-HIT(K)	

Event in-charge:

- 1. Jaya Gupta, Vice President, NSS-HIT(K)
- 2. Kumar Shubham, Treasurer, NSS-HIT(K)
- 3. Kshitij Gupta, Director of Communication & PR, NSS-HIT(K)

Writer of report:

Kshitij Gupta, Director of Communication & PR, NSS-HIT(K)

Highlights:



Event name: Basirhat Visit

Event date: 30th April 2022

Event venue: North 24 Parganas Sammyao Sramogibi Samity, Basirhat

Avenues: Community service

No. of Rotaractors: 14

Project details:

Rotaract Club of Heritage Institute of Technology conducted its second outstation project for the term 2021-22 to Basirhat. The main objective of this project was to provide technical guidance to Manika Sarkar and her team who are working constantly to support the victims of trafficking and child marriage.

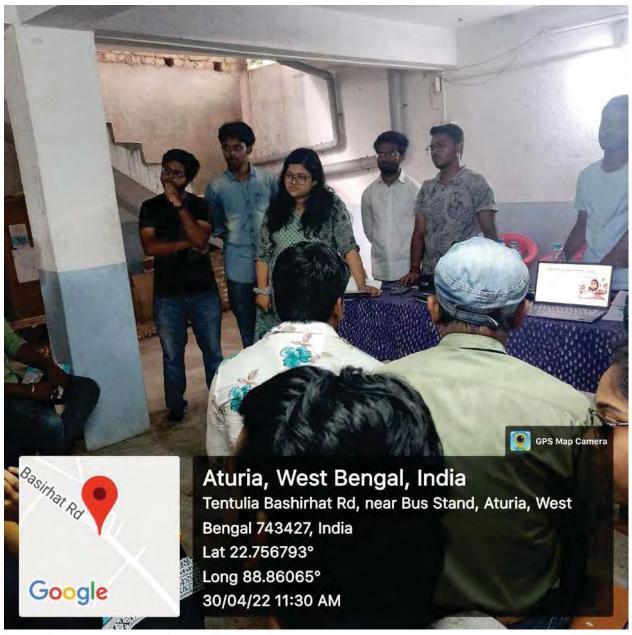
On the morning of 30th April, the Rotaractors gathered at Sealdah station and boarded a local train to Basirhat. After boarding, the participants discussed the NSS Association and planned the activities.

From Basirhat station, participants boarded an auto followed by a bus journey and reached the location.

Soon after reaching the location, Rotaractors gave a ppt presentation on 'Education for girl child' and showed relevant videos to the volunteers of the NSS Association. After a productive discussion round with the volunteers, the event progressed to its next segment which included awareness through social media. This segment was categorized into two sections that were education and fundraising through social media. The Rotaractors mentioned a few sites and YouTube channels that provide primary level education to entrance level exams and also ideas about small scale businesses. Participants also showed them the procedure of applying for a fundraiser through organizations such as Milaap and Ketto.

After having lunch, the Rotaractors left for their homes and reached safely. This visit gave Rotaractors a closer look at the lives of the people residing at Basirhat which helped them analyse the situation more efficiently.

Pictures from the event.



PowerPoint presentation by the Rotaractors.



Rotaractors with the volunteers of the NSS Association.

Event Name: Lemonade
Event Date: 24th April 2022
Event Venue: Ruby crossing
Avenue: Community Service
No. Of Rotaractors present: 22

Project Details:

The treacherous summer Sun accompanied by tyrannical loo soaks up every last drop of water content and essential salts from our body thereby dehydrating the body, making all bodily functions slow and inefficient. To promote awareness of dehydration and to relieve daily workers, traffic police officials, auto drivers and volunteers of the tremendous dehydration they suffer each day, RC-HITK organized "Lemonade".

Participants were asked to introduce themselves and prepared several bottles of fresh lemonade together. The team was further divided into 3 groups which reached out to daily workers, offering them lemonade. The unfiltered smiles and sense of relief in their eyes and faces, on receiving a cold glass of lemonade, increased the zeal of the participants to carry out the event for about 1.5 hours. The glasses of lemonade were distributed near the bus and auto stands of Ruby crossing. The event concluded with a healthy discussion on the importance of staying hydrated to beat the heat. Participants shared their experience of engaging in the event and everyone was overwhelmed by the positive response from the daily workers. With smiling faces and memories filled with grace, participants went back home safe and secure.

Photos From The Event:



Group photograph of all participants.

REPORT

Event Name: Essentia 2021-22

Date: 23rd April 2022

Time: 10AM Onwards

Experience: Essentia the Orientation & Induction program of NSS-HIT(K) is a celebration of the ideals of NSS, it's workings and the official induction ceremony for the newly selected volunteers in the NSS-HIT(K) family.

The program kicked off with the inspiring words by our respected dignitaries & mentors, who then proceeded to hand over the badges to our Board Members. All the volunteers were then lead in the NSS Pledge following which everyone sang the National Anthem in unison. The program was then capped off with an interaction session with our volunteers and an energetic cultural program.

Number of Participants:

Attendees: 100

Organizing Team:

Sl No.	Name	Department	Year	Roles/Performance	
1	Abhilash Dutta	CSBS	2nd	Registration Desk	
2	Ayushmaan Sural	CSBS	2nd	Anchoring	
3	Mariam Meerza	CSBS	2nd	Anchoring	
4	Abhishek Kumar	ChE	3rd	Cultural Activity - Dance	
5	Amisha Kumari	CE	3rd	Cultural Activity - Dance	
6	Diptanshu Biswas	ChE	3rd	Cultural Activity - Musical Instrument	
7	Jyoti Kumari	ECE	3rd	Cultural Activity - Dance	
8	Kumar Shubham	ECE	3rd	Cultural Activity - Dance	
9	Nitish Kumar	AEIE	3rd	Cultural Activity - Singing	
10	Ritam Das	ChE	2nd	Photographer	
11	Tirtharaj Goswami	ChE	3rd	Photographer	
12	Jaya Gupta	ECE	3rd	Organizer	
13	Kshitij Gupta	ME	3rd	Organizer	
14	Kumar Shubham	ECE	3rd	Organizer	

Guest Dignitaries:

- 1. Mr. Clayton M Moses, Coordinator (Student Affairs & International Relations), Heritage Group of Institutions
- 2. Prof. Himadri Ghosh, Department of Physics, Heritage Institute of Technology
- 3. Lt. Col. Amitav Ghosh Dastidar, Campus Administrator, Heritage Group of Institutions

Event in-charge:

- 1. Jaya Gupta, Vice President, NSS-HIT(K)
- 2. Kumar Shubham, Treasurer, NSS-HIT(K)
- 3. Kshitij Gupta, Director of Communication & PR, NSS-HIT(K)

Writer of report:

Kshitij Gupta, Director of Communication & PR, NSS-HIT(K)

Highlights:







Drive Link:

https://drive.google.com/drive/folders/1vtNkc7_KjU8MqwE-apD4AdFNTq30i2x8?usp=sharing

Event Name: Mishtimukh

Event Date: 13th April 2022

Event Venue: Heritage Institute of Technology Campus

Avenue: Community Service

No. Of Rotaractors: 48

Project Details:

Rotaract Club of Heritage Institute of Technology conducted its first 'Mishtimukh' event for the term 2021-22. This was a community service event where the Rotaractors showed their appreciation towards the non-teaching staff of the college campus.

The non-teaching staff comprising the security guards, peons, canteen cooks and other workers are an integral part of our institute, who work day and night to keep the institute clean and running. RC-HITK through this event felicitated them with small tokens of appreciation to bring a bright smile to their faces. The event started with the Rotaractors gathering at one place, full of excitement and zeal. The Rotaractors were divided into small groups and each group were given several badges and plates of sweets. These badges were hand-made by the Rotaractors themselves and were pinned on the shirts of the staff to express our gratitude towards their continuous relentless service. As 'Noboborsho' (Bengali new year) is around the corner, participants wished them a happy new year and were offered sweets. This small gesture made every one of them very happy. They wore the badges with pride and content. The session ended with bright and glistening smiles all over the campus.



Photos from the event:

Participants offering sweets to the campus security guard.



Group photograph of all

the participants.

Event Name: Scribblers 4.0 Event Date: 12th April 2022

Event Venue: Heritage Institute of Technology, ICT building 308.

Avenue:Professional Development

No. Of Rotaractors: 30

Project Details:

The Rotaract Club of Heritage Institute of Technology conducted Scribblers 4.0. In this professional service meet, participants were given a stage to showcase their passion and love for performing.

The event began with everyone greeting one another and participants preparing themselves before the performances. This session witnessed the participation of students from 1st year, 2nd year, 3rd year and final year students. Participants mesmerised the audience with their enactment of stories, songs, poems and shayaris. Each performance was unique from the others as participants put their heart and soul into the presentations. The performances from 4th-year seniors added more sparks to the session and inspired the crowd to perform even better. This session of scribblers watched a huge audience of students coming from all departments, to cheer for the participants. The event concluded with a special performance from 4th-year seniors leaving everyone spellbound.

Photos from the event:



Group performance by 2nd year and 3rd year participants.

Report

Name of event: TOI Teaching NSS-HITK

Date: 09/04/2022: 14:00 - 16:00

Place: Treasures of Innocence, Garia Main Office, Kolkata

<u>Aim:</u> To volunteer for spoken English and science classes

<u>Proceedings:</u> In the beginning, we helped the volunteers of TOI there set up the projector through which the students would be taught science. The children came for their spoken English class to be conducted by the spoken English teacher. He instructed the students to speak about what they want to become when they grow up, first in Bengali then repeat the same in English. We learnt about their dreams and aspirations, as well as had a first-hand experience of how the spoken English classes where conducted. Then the English teacher gave us the opportunity to interact with the students and we asked them what their parents do. The fact that most of their parents are daily wage workers/underprivileged but still we were contribute to their education and in greater sense, their dreams, was a humbling experience for us.

The science class was not conducted that day, as there was a delay in the spoken English class getting started. The class ended with teaching the students an English nursery rhyme and all of us singing along with them.

After the classes, the Coordinator of Literacy Programmes had a conversation with Ms Rani, the Head of TOI, understood her requirements and expectations from NSS and developed a plan for future weekly teaching sessions.

Writer of report: Subhankar Chakraborty

Name of Participants: Subhankar Chakraborty, Mariam Mirza, Aekagra Singh

Event in-charge: Subhankar Chakraborty, Coordinator of Literacy Programmes, NSS-HITK



Report

Name of event: TOI Teaching NSS-HITK

Date: 30/04/2022: 14:00 - 16:00

Place: Treasures of Innocence, Garia Main Office, Kolkata

<u>Aim:</u> To volunteer for spoken English and science classes

<u>Proceedings:</u> For the first hour the spoken English teacher conducted the English class and the volunteers assisted him. The children were asked to speak about the their favourite pastime/hobby, first in Bengali then in English, and in the process they were taught basic rules of sentence construction such as when to use is/was, or when to use a/the/an. Then they were given sentences in English and told to translate them in Bengali.

In the second hour, the students were given practical science projects from their school books to be done class wise. For example, a class 5 student was given a project on Solar System, while a class 10 student was given a project on Thermal phenomenon. Our volunteers helped and guided the children on how to start and proceed with these projects and what they can learn from them. The class ended with an English prayer.

Writer of report: Subhankar Chakraborty

Name of Participants: Ritam Das, Shubhadip Mukhapadhyay

Event in-charge: Subhankar Chakraborty, Coordinator of Literacy Programmes, NSS-HITK





Report

Name of event: TOI Teaching NSS-HITK

Date: 21/05/2022: 14:00 - 16:00

Place: Treasures of Innocence, Garia Main Office, Kolkata

<u>Aim:</u> To volunteer for spoken English and science classes

<u>Proceedings:</u> At first the students were made to do meditation and pranayama for 10 mins to calm their minds. The spoken English teacher introduced us to the children and we asked them for their introduction in English. We helped the children who were having problems in speaking English to learn by giving an introduction in English. They were encouraged to ask about us in English. We made them learn how to ask one's name, age, and place of residence, father's name, mother's name and hobbies. Next the teacher arranged for a game in which students were grouped into two teams and they were made to recite rhymes for each team with a line of the rhyme. Next there was a make sentence game in which each student was made to say a word in Bengali and then make a sentence with that word in English.

In the second half the science teacher discussed with us the future course of action for the science classes. We were shown their method of teaching through slides. A slide format was introduced which contained several sections like importance of the date, an introduction to persons who have done great in the field of science, homemade science experiments and quizzes. During the next class onwards we will have to prepare such slides and teach from them. The main goal is to include creativity in teaching and make the children love studying more instead of getting bored by it.

Writer of report: Diptanshu Biswas

Name of Participants: Diptanshu Biswas, Bapi Singha

Event in-charge: Subhankar Chakraborty, Coordinator of Literacy Programmes, NSS-HITK



Event Name: Paripurnata Halfway Home Visit

Event Date: 7th April 2022

Event Venue: Paripurnata Halfway Home, Baghajatin Park Housing Society, Pancha Sayar Kolkata

700094.

Avenue: Community Service

No. Of Rotaractors: 27

Project Details:

Rotaract Club of Heritage Institute of Technology conducted its first Paripurnata Halfway Home Visit for the term 2021-22. In this community service visit, participants interacted with the women of this rehabilitation centre and spent a beautiful evening with them.

In the very beginning, everyone introduced themselves and the core discussion started with the meaning of "Half way home" which means a *Bridge between home and hospital*. It was followed up by an interactive drawing session in which colours and papers were provided to the residents along with forks and earbuds to make unique patterns for the art activity. The theme for the art segment was "Spring" following which everyone painted their hearts out to create vibrant and colourful paintings. Rotaractors kept interacting with the residents throughout the course of the drawing session to try to understand them. This was followed by an Antakshari session where both the residents and Rotaractors chimed in to sing classic Hindi and Bengali songs. Packets of biscuits and juices were distributed to all the residents after the activities. Finally, an overall discussion round was held by the Administrative Head of Paripurnata, Sundar Bhattacharya, where he shed some light about the past of the residents and the history of Paripurnata. The session ended, with smiles and promises of coming back soon. Rotaractors through this event realized the importance of mental health and it helped them to sensitize and reach out to someone in need of support.

Photos from the event:



Rotaractors interacting with the residents if Paripurnata Halfway Home.

Event name: Uncharted Delta

Event Date: Saturday, 26th March-Sunday, 27th march, 2022

Event Venue: Sunderban Green Environment Association, Kumirmari, Block-Gosaba.

Avenues: Community Services

No. Of Rotaractors Present: 19

Project Details:

Rotaract club of HITK set foot on the lands of Sundarbans for this year's first outstation project at Kumirmari. The main objective for this visit was to assist SGEA to carry out Parivesh Mela, create awareness for women about menstrual hygiene and encourage farmers to adapt sustainable organic farming techniques through presentations.

On the morning of 26th March, Rotaractors embarked on their journey from Ballygunge, boarding a train to Canning, from where they reached Chunakhali and hired a boat that took them to their destination Kumirmari. The Parivesh mela began in the afternoon soon after lunch where the Rotaractors volunteered for various activities to help SGEA successfully conduct their annual fair. The members of RC-HITK participated in activities such as conducting various cognitive sports and games for children participating, preparing Chart Papers and other Props that will be used to style the venue on themes of Ecology, Menstrual Hygiene, Scientific Temperament, Education, Organic Farming, etc. Rotaractors also gave a music performance and a dance performance for the visitors.

The following day, after breakfast, Rotatractors got back to their duties. Rotaractors conducted a session where they educated local women about the importance of having proper menstrual hygiene. Another discussion was conducted parallelly where Rotaarctors and farmers discussed the way forward to organic farming. Finally, after a long tireless day, it was time for the members to return home.

It was a great learning experience for all the participants which they will remember for a very long time.